

Memorial

Sleep Disorders Center*



ACCREDITED
MEMBER CENTER

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Memorial Sleep Disorders Center Celebrates 10 Years

Memorial Sleep Disorders Center marked its 10th anniversary of providing world-class, specialized care in our community. It is the only sleep center in the region certified by the American Academy of Sleep Medicine.

Originally located inside Memorial Hospital, the center was open three nights a week, with two available beds. It has grown into a free-standing clinic open six nights a week, with six patient beds.

The center, staffed by Sleep Specialists Drs. Gary Fromm, Michael Englert and Asad Ansari, offers the newest technologies and most comfortable accommodations to promote healing and rest.

Studies, which are done at all hours to accommodate shift workers, can be done in as little as four to five days with a referral, with 24-hour turnaround in emergent cases.

Pediatric sleep studies have also been added. Pediatric Specialist Asad Ansari, M.D. performs studies two nights a week, with patients as young as 16 months old.

Sleep problems can result in impaired memory and an inability to concentrate. It can also affect long-term health, contributing to depression, cardiovascular problems and other health issues. To learn if you may be at risk for a sleep disorder, take the sleep quiz at www.qualityoflife.org/services/sleepdisorders/sleepquiz.cfm. Memorial Sleep Disorders Center is located at 53990 Carmichael Drive at Douglas Road.

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