

Downtown — Route 2

1 mile

Start: Leighton HealthPlex entrance on Jefferson Blvd.
Jefferson Blvd to Michigan, turn right (south)
Turn left at Western Ave., walk back north on St. Joseph
Turn left (west) at Colfax
Turn left (south) on Lafayette
At Jefferson, turn left (east)
Finish: Leighton HealthPlex entrance



Memorial
Health & Lifestyle CenterSM

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www.healthandlifestylecenter.org