

**Memorial Health Foundation initiated a new program, Honor Your Caregiver. Now, thankful patients can write notes of gratitude to their specific caregivers after the patients leave the hospital.**



## **Honor Your Caregiver** **Fostering lasting connections**

All too often, we at Memorial Health Foundation hear from patients who have completed their care without having the opportunity to thank their extraordinary caregivers. Therefore, in 2010 we will begin following up with our recent guests and presenting them with an opportunity to send a personalized note of gratitude to the physician, nurse, or other caregivers who helped make their stay at Memorial a truly exceptional experience.

The hope is that this process will continue nurturing the circle of generosity, and help create a lasting and meaningful bond for years to come.

“Many patients and family members want to give back to those who were so generous during the patients’ hospital stay,” says Kreg Gruber, chief operating officer. “The Honor Your Caregiver Program is one way that we can reconnect patients with those who made such a difference in their lives.”

The following caregivers have recently received thanks and recognition through Memorial Health Foundation’s Honor Your Caregiver program:

Dr. Stephen Anderson  
Dr. Rafat Ansari  
Dr. Morris Bollegraf  
Dr. Robert Carter  
Dr. Anton Crepinsek, Jr.  
Dr. Robert L. Devetski  
Dr. Gail English  
Dr. Albert Fenstermacher  
Dr. Madeline R. Lewis  
Dr. Bruce McClure

Dr. Stephen T. McTigue  
Memorial Emergency Department  
Nursing Staff  
Memorial Rehabilitation  
Department  
Dr. Robert S. Oppman  
Tracy Reed-Case, CMT  
Dr. Szabolcs Szabo  
Dr. David Taber

If you would like to acknowledge a caregiver, please call 574-647-6613 or visit [www.qualityoflife.org/foundation](http://www.qualityoflife.org/foundation).

# Memorial's 2009 Circles of Excellence "Court of Generosity"

## New Silver Circle Members – 2009

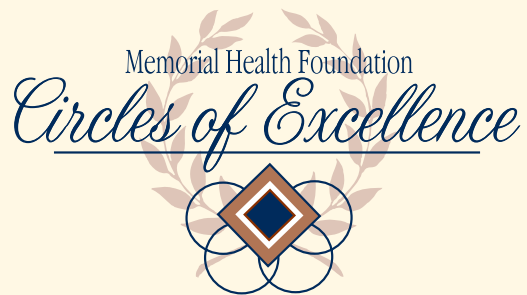
Bowsher-Booher Community Trust  
Cassady Neeser Brasseur  
John, Anna, and Martha Jane Fields Foundation  
Carol & Craig Kapson  
Mr. & Mrs. Leo J. McKernan  
OB-GYN Associates of Northern Indiana  
The Honorable Robert L. Raclin  
Arthur S. Warner  
World Academy of Irish Dance

## New Bronze Circle Members – 2009

AM General Corporation  
Sharon & Matthew Edmonds  
Mr. & Mrs. Rodney Ganey  
Islamic Society of Michiana  
Dr. Janis C. Johnston  
Marian & Charles Miller  
Bette & Patrick O'Malley  
Small Smiles Dental Center  
Diane Serbin Stover  
Philip & Beverly Teegarden  
Mark & Martha Walsh



**Ernestine Raclin, Grier Raclin, and Annette Raclin enjoy the 2009 Circles of Excellence event, held at the University of Notre Dame's new Eck Hall of Law on October 4, 2009. Circles of Excellence recognizes lifetime achievement in philanthropy. To learn more, visit [www.qualityoflife.org/foundation](http://www.qualityoflife.org/foundation).**



# Memorial Children's Hospital Making a Difference in the Life of a Child

"I remember the staff being very nice and caring," says soon-to-be-nursing student Chloe Strycker, who was diagnosed with cancer when she was two years old. One of the first patients treated through Memorial Children's Hospital's Pediatric Hematology/Oncology Program, Chloe can't recall most of the daily treatments, medicines and protocols, but she does remember Memorial's compassionate staff and healing atmosphere.

"Chloe and her family are a story of great success in the face of tremendous odds," says Chloe's grandfather, Dean L. Strycker, M.D., Memorial Health System trustee emeritus and former medical staff president, who has had frontline experience with the extraordinary effects of child-centered health care.

"Watching Chloe grow into a beautiful young lady is a reminder to all of us that we do make a difference in the lives of children and their families," says Cathy Reese, APRN, BC, program manager/pediatric nurse practitioner for pediatric hematology/oncology.

"Having cancer when I was that age and my experiences at Memorial definitely influenced my choice to go to nursing school. I enjoy helping people just like my nurses helped me," adds Chloe, who is hoping to go back to school to become a nurse anesthetist.

Chloe is just one of many who have been touched by the bountiful spirit of Memorial Children's Hospital. Learn more about how you can strengthen and support the important work of healing children. Visit [www.qualityoflife.org/foundation](http://www.qualityoflife.org/foundation) or call 574-647-6613.



**Chloe Strycker, now 18, plans to attend nursing school.**



## “Now I See You...” Connecting New Families

Several times a week, infants are transferred from their birth hospital to the busiest and largest Newborn Intensive Care Unit in northern Indiana, the NICU at Memorial Children’s Hospital. While the child is receiving the best possible care, the mother may be recovering at the hospital where she delivered, unable to join her child until she is healthy enough to travel. The Now I See You™ program helps bring these mothers and children closer together.

Now I See You enables mothers to view their children and communicate “face-to-face” with their Memorial caregivers via a webcam system. No longer limited by telephone conversations, the laptop-based cameras give mothers the peace of mind to recover their own health before rushing to their baby. Each regional hospital partner has been outfitted with a “Now I See You” laptop.

“We know how hard it must be for new moms and dads to be separated from their newborn,” says Diane Freely, director, Newborn Intensive Care Unit at Memorial Children’s Hospital. “To help lessen this hardship on families, Memorial Health Foundation partnered with the Holm family and their wildly popular Run Baby, Baby Run event to help bring the “Now I See You” program to Memorial Children’s Hospital.”

Run Baby, Baby Run is a 5K/10K run/walk founded by Jami and Steve Holm whose twin sons, Fitzgerald and



**Though the Now I See You Program, families from regional hospitals are able to view their infants via laptop-based webcams while the mother recovers in the hospital.**

Kavanaugh, spent nearly a month in Memorial’s NICU recovering from a collapsed lung and other complications. Both are now happy, healthy toddlers.

“We wanted to do something for the Memorial staff that showed them how much we appreciate all they did for us,” said Jami Holm. “Since I’m a runner, I thought about a 5K run/walk in our neighborhood in Plymouth. When the boys finally came home, I started planning.”

For more information on Run Baby, Baby Run or other ways you can help, call Memorial Health Foundation at 574-647-6613 or visit [www.qualityoflife.org/foundation](http://www.qualityoflife.org/foundation).



## Helping Plan Our Future Planned Giving with Memorial Health Foundation

Balancing the day-to-day costs of living with a desire to help the community can be a challenge, and it is one we at Memorial Hospital of South Bend and Memorial Children’s Hospital have experience handling. Let us help you do the same. We have tools to help philanthropically-minded individuals plan gifts to the nonprofit of his or her choice, even in times of economic strain. Many of these tools come under the umbrella of Planned Giving.

Perfect for these times, we believe the planned giving options will help you and the doctors, nurses, patients and families at Memorial Hospital and Memorial Children’s Hospital.

We want you to know about the financial tools you can use to plan your gift so that it can have reciprocal benefits. For example, consider these options:

- Gifts of appreciated securities can help you realize larger tax savings than if you had used cash.
- Consider a gift that costs you nothing during your lifetime.
- You can make a gift that pays you income for life.
- Preserve your estate for your children and also deliver years of income to Memorial Hospital.
- You can donate your house, take a tax deduction, and continue to live in it rent-free.
- Utilize surplus life insurance coverage by transferring it into a gift.

The staff at Memorial Health Foundation stand ready to discuss these opportunities with you, or you and your professional advisors, if you prefer. Please call Reg Wagle at 574-647-6613 or Jennifer Zimmerman at 574-647-2928 to set up a time to talk about planned giving opportunities.

## Celebrating Women In Touch Make a Joyful Sound!

Memorial Hospital's Women In Touch (WIT) program celebrates our connection to the important women in our community: mothers, grandmothers, sisters and friends. WIT provides services to otherwise underserved minority women. These services range from health education to early cancer detection screenings

More than 8,000 women have received mammograms or other services through WIT program. "Now celebrating its 16th year of educating and empowering minority women to take charge of their health, WIT focuses on breast care awareness," says Women in Touch Director Myra Butts.

One of the ways WIT spreads its good news and celebrates its past success is through the annual pre-Mother's Day Choir Concert. This year was the fifth such event.

The walls of the Faith Apostolic Praise & Worship center reverberated with the joyous sound of the nearly 200 women singing under the direction of Herschell Williams of Inspirational Music Connection and his assistant, Ruth Miles. The singers represented various religious and cultural backgrounds from across the



**More than 200 women lifted their voices in praise during the 2009 pre-Mother's Day concert supporting the Women in Touch program.**

city of South Bend, Elkhart, Niles, Mishawaka, Elkhart, Fort Wayne, Benton Harbor and the surrounding areas.

Nearly 1,000 people came to watch this year's concert and support the work WIT does in the community. Proceeds from the event's voluntary offering will be used to underwrite important services to help women with breast cancer care needs.

To be a part of the 2010 choir, or learn more about Memorial's Women In Touch program, call 574-647-6943 or visit [www.qualityoflife.org/services/cancer/aawit.cfm](http://www.qualityoflife.org/services/cancer/aawit.cfm)

## Partners for the Future Memorial Hospital and Indiana University School of Medicine

"Memorial has always been very generous with our students," says Rudolph M. Navari, M.D., Ph.D. assistant dean and director of Indiana University School of Medicine - South Bend, now part of South Bend's Medical Mile. "We've enjoyed a great relationship with the physicians and staff of Memorial since our inception."

The school recently began accepting third and fourth year medical students, bringing a depth and breadth of clinical expertise to a community already rich with high-quality health care services. It also offers opportunities to future generations of health care professionals who hail from our own community

One such student, Tom Bemenderfer, is the recipient of this year's IUSM-SB Stanley-Clark Scholarship, managed through Memorial Health Foundation.

"More than 85 percent of any single class at Indiana University comes from Indiana," says Ann Rathburn, chief development officer, Indiana University School of Medicine—South Bend, "and there's nothing accidental about that. It's completely manufactured that way in an effort to help keep the best and brightest in our state after they complete medical school."

"One of the things we were surprised to see is that our students really wanted to stay in South Bend for their third and fourth years of medical school, once we offered that," says Dr. Navari. "It bodes well for this community's future."



**INDIANA UNIVERSITY  
SCHOOL OF MEDICINE**



## Field Trip!

So yelled children since the dawn of the era of school buses. And this summer, Memorial Children's Hospital's HealthWorks! Kids' Museum embarked on its first ever campaign aimed at saving the precious field trip. Recently, many schools in the district have been forced to trim their budgets, eliminating field trips, even ones as undeniably beneficial as those to HealthWorks!

HealthWorks! delivers standards-based, Board of Education compliant health education in an interactive, entertaining, non-threatening way. Plus, independent studies prove that just one visit to HealthWorks! can change the way a child views his or her personal health for a lifetime. With all of this evidence at hand, local educators are demanding their schools make the Museum their field trip of choice.

And the "Architecting Healthy Communities" campaign has responded to those demands. By bringing together businesses committed to sponsoring students, they have ensured that every child will experience the nationally top-ranked HealthWorks! learning model.

Memorial  
Children's Hospital<sup>SM</sup>



"We are excited about this opportunity to help children experience all of the fun, excitement and learning of HealthWorks!," says Sherry Forzley, Buddy Builder at HealthWorks! "We know that we can improve our community through the work we do here; we're glad that so many local businesses and organizations agree."

Become an agent of change in your community. For ways you can give the gift of HealthWorks! to children, call Memorial Health Foundation at 574-647-6613 or visit [www.qualityoflife.org/foundation](http://www.qualityoflife.org/foundation).



## Family Foundations Investing in Tomorrow's Healthy Citizens

A group of family foundations managed by Wells Fargo Bank, N.A. provides funding to local non-profit agencies and programs whose purposes range from enhancing the general welfare of our community to more specific goals of early childhood development.



- The Muessel-Ellison Memorial Trust Foundation was created in 1959 as a community and civic memorial to the Muessel and Ellison families, pioneer citizens of South Bend.
- The Stanley and Flora Clark Memorial Foundation was created in 1964 by Flora Clark to perpetuate her husband Stanley's memory and their lifetime of service to our community.
- The Florence V. Carroll Charitable Trust was created in 1976 for charitable, scientific, literary and educational purposes that would benefit the residents of St. Joseph County.
- The Bowsher-Booher Foundation was established as a continuing memorial to Jay C. and Delevan D. Bowsher, sons of South Bend pioneers Nelson P. and Clarissa Bowsher.
- The Harvey R. and Doris Klockow Foundation provides funding for charitable projects that benefit the citizens and general welfare of South Bend.

# Home Away From Home

## Ronald McDonald Family Room® at Memorial Children's Hospital

A hospital is no place to call home. But for families of Memorial's youngest patients, the Ronald McDonald Family Room offers a home away from home when they need it most.



Founded by Ronald McDonald House Charities of Indiana-Michiana, Inc., local McDonald's restaurants' owners/operators, and Memorial Health Foundation, along with tremendous financial and in-kind support from across the community, the Ronald McDonald Family Room is a special place. Along with three sleeping rooms, the space

also includes two baths with showers, a laundry room, kitchen, library and living room.

“My husband and I are very grateful to the volunteers here at the RMFR, and all those who have made donations.”

—Jennifer and Ryan

families of our guests at Memorial Children's Hospital free of charge, thanks to the incredible generosity of our community partners.

The new Web site ([www.rmhcichiana.org](http://www.rmhcichiana.org)) serves as a great resource for those looking to volunteer, donate resources, time or money, or sign up for the RMFR Teen Board, an educational resource that teaches local teens the basics of running a meeting, fundraising, and community service.

All amenities are provided to the



### Simply the Best!

Ronald McDonald Family Room volunteer Phyllis Rozanski received the 2009 Michiana 55 Plus Volunteer Award due to her unprecedented determination and commitment to the mission of the Ronald McDonald Family Room and her unparalleled compassion for its guests. She is always willing to lend a helping hand and jump right in when needed.

“This is a partnership—Memorial Health Foundation, Memorial Children's Hospital, McDonald's NIO

Cooperative and the Ronald McDonald Family Room—we share this one community goal to provide much-needed services to our families in need,” says Shelley Lesniewicz, executive director of operations, Ronald McDonald House Charities of Indiana-Michiana.



# There's no such thing as small change.



Your donation supports **Ronald McDonald House Charities®** programs like the Ronald McDonald House®, which helps in the healing process by keeping families together while their child receives medical treatment at a nearby hospital.

**Ronald McDonald House Charities**  
[www.rmhc.org](http://www.rmhc.org)

## Kids, Kohl's and Catching Up

### Annual NICU Reunion a Success

The young guests of Memorial Children's Hospital's Neonatal Intensive Care Unit (NICU) may not remember those first few days or weeks, but their parents never forget the excellent care their children received at the hands of Memorial's doctors and nurses. The annual NICU reunion allows the children and parents to meet these caregivers once again, this time in the joyous atmosphere of HealthWorks! Kids' Museum. Between 700 and 800 guests attended this year's event on September 27.



**Members of Kohl's Department Store's A-Team present a check to Memorial Children's Hospital's NICU at the annual NICU reunion. Kohl's has been a regular supporter of Memorial Children's Hospital.**

The day was filled with activities, refreshments and happy memories. Plus, in a feature ceremony, the Kohl's A-team representatives presented a \$94,000 check to the NICU, partially from funds raised by Kohl's sale of \$5 gifts at its regional retail centers in Mishawaka, South Bend, Goshen and Warsaw.

Kohl's is a regular supporter of the NICU. Over the past few years, the corporation has also contributed more than \$300,000 to HealthWorks! Kids' Museum, as well as more than \$126 million for children's initiatives nationwide. These donations are all part of its Kohl's Cares for Kids philanthropic program.

If there is one thing children love even more than playing games and exploring HealthWorks!, it's gifts. In honor of these special kids, Kohl's donated plush ducks and cows and the Ronald McDonald House presented books, activity bags, and beanie babies. Special guest Ronald McDonald was on hand to help with the ceremonies.

For more information on Memorial Children's Hospital's NICU or the Kohl's Cares for Kids program, please call Memorial Health Foundation at 574-647-6613 or visit [www.qualityoflife.org/foundation](http://www.qualityoflife.org/foundation).

## Care for the Caregivers

### Benchmarking the best in bereavement services

Those who care for the bereaved offer an invaluable service to our community. While the stress of losing a loved one is certainly a life-altering impact, those who care for those experiencing loss are also affected by the transformative nature of grief.

Renowned grief specialist **Dr. Alan D. Wolfelt** is a noted author, educator and counselor who serves as the Director of the Center for Loss and Life Transition in Fort Collins, Colorado.

Memorial Health Foundation's recent sponsorship of his presentation on "Death, Grief & Mourning: Essential



Caregiving Principles and Practices" offered members of our caregiving community the opportunity to enhance their skills as they support those journeying through the experience of grief and loss.

Nearly 140 people attended the session, which was a marked success. "We need to have him every year or at least until everyone in the world has heard him speak," said Kathy Nania, Memorial's executive director of Women and Children's Services.

Bringing our nation's best resources to Michiana takes a special commitment from our community's leaders. To learn how you can help, please call Memorial Health Foundation at 574-647-6613 or visit [www.qualityoflife.org/foundation](http://www.qualityoflife.org/foundation).

## Memorial Health Foundation Welcomes New Board Members



**Maggie Kernan**

Former First Lady of the City of South Bend, former First Lady of the State of Indiana. In addition to those responsibilities, Maggie's day job for many years was in marketing and community relations leadership at 1<sup>st</sup> Source Bank. She and her husband, Joe Kernan, still travel nationally and internationally for the benefit of Indiana's interests. Here in South Bend they are also the "Ranking Fans" of the Silverhawks.

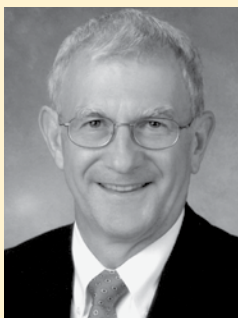


**Leigh Morris**

Leigh's career as President and CEO of LaPorte Hospital wasn't enough to satisfy his desire to do good works. He went on to serve as Mayor of LaPorte, and is currently the Deputy Commissioner of Toll Road Oversight for the Indiana Department of Transportation and chairman of the Board of Northwest Indiana Regional Development Authority.



**James F. Keenan**



**Philip A. Newbold**

### Memorial Health Foundation Board of Directors 2009-2010

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