

Patient Information and Physician Order Sheet

Memorial Cardiology Services

C5

Patient Name: _____ **Patient DOB:** _____

(Please bring this sheet with you at time of service.)

Appointment Date: _____ **Arrival Time:** _____ **Procedure Time:** _____

Diagnosis (ICD Code Required): _____

Ordering Physician (Signature): _____

(Printed): _____

(Date): _____ (Time): _____

Procedure Scheduled: TREADMILL STRESS TEST

About your procedure: Eat a light breakfast (toast, juice, etc., but NO CAFFEINE). Wear comfortable clothing and shoes (preferably tennis or walking shoes). Avoid applying any creams, powders, or oils to your chest the day of the procedure. Ask your physician about how to take diabetic medications or insulin the day of your procedure. Bring a list of your current medications with you and alert the staff about any allergies you may have. If you have high blood pressure, we prefer you do not take your medication the morning of the test. For a complete test description, request a patient itinerary from Centralized Scheduling.

How to find us: **Free** valet parking is available for patients at the Main Entrance, or you may park in the Bartlett Street Parking Ramp (see map). Cardiology Services will validate your parking stub. When you arrive at Memorial, you must register for your procedure in Admitting, located in the Main Entrance area of the hospital to the rear of the Information Desk (see maps). From there, you will be directed to Cardiology Services. If you have any questions, please ask the Main Entrance Information Desk. If you need assistance regarding scheduling, please call 647-7700.

647-7700

Memorial
Hospital of South Bend*
Quality of Life